

# Lunch

• November 2021 •



| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|--|---|--|--|---|
|  | 1   | 2  | 3   | 4  | 5  | 6   |
|  | Turkey Frank on WG Bun<br>Baked Beans<br>Garden Salad<br>Orange Slices  | General Tso's Chicken<br>Fried Rice<br>Steamed Broccoli<br>WG Wrap<br>Pineapple<br>Tossed Salad      | WG Chicken Taquitos<br>Spanish Brown Rice<br>Black Beans, Lettuce<br>Salas<br>Spring Salad<br>Fruit Cup | Beef & Macaroni<br>Casserole<br>Italian Green Beans<br>Salad<br>Dinner Roll<br>Spring Salad<br>Fruit Cup | WG Pizza Buffalo<br>Chicken or Vegetable<br>Spring Salad<br>Carrot Sticks<br>Ranch Dressing<br>Fresh Fruit Cup | Grilled Chicken Ranch<br>Wrap (WG)<br>French Fries<br>Spring Salad<br>Red Pepper & Tomatoes<br>Dressing<br>Pineapple    |
| 7  | 8   | 9  | 10  | 11   | 12   | 13  |
| Black Beans & Cheese<br>Burrito<br>Brown Rice<br>Salsa<br>Peppers & Onions<br>Tossed Salad<br>Fruit Cup                  | Cheese Calzone<br>Marinara Sauce<br>Roasted Cauliflower<br>Spring Tossed Salad<br>Fruit Cup                         | Fish Sandwich on WG<br>Bun<br>Lettuce<br>Macaroni Salad<br>Salad<br>Fruit                            | Chicken Fajitas<br>Spanish Rice<br>Refried Beans<br>Lettuce<br>Cheese<br>Salsa<br>Fruit                 | Pulled Pork<br>WG Bun<br>Sweet Potato Fries<br>Coleslaw<br>Spring Salad<br>Fruit Cup                     | WG Pizza Buffalo<br>Chicken or Vegetable<br>Spring Salad<br>Carrot Sticks<br>Ranch Dressing<br>Fresh Fruit Cup | Awesome Sloppy Joe<br>WG Roll<br>Corn<br>Spring Salad<br>Ranch Dressing<br>Fruit Cup                                    |
| 14   | 15  | 16   | 17  | 18   | 19   | 20  |
| Chicken Strips<br>Dinner Roll<br>Brown Rice<br>Baby Carrots<br>Ranch Dressing<br>Spring Salad<br>Fruit Cup               | Meatball Sub<br>WG Veggie Pasta Salad<br>Green Beans<br>Tossed Salad<br>Fruit Cup                                   | Chicken Pizza<br>Quesadilla<br>Corn<br>Veggie Quinoa Salad<br>Spring Salad<br>Fruit                  | Tater Tot Nachos<br>Beef & Bean Chili<br>Roasted Broccoli<br>Brown Rice<br>Spring Salad<br>Fruit Cup    | Buffalo Chicken<br>Sandwich<br>WG Bun<br>Baked Beans<br>Coleslaw<br>Spring Salad<br>Apple Slices         | WG Pizza Buffalo<br>Chicken or Vegetable<br>Spring Salad<br>Carrot Sticks<br>Ranch Dressing<br>Fresh Fruit Cup | Chicken Parmesan<br>WG Penne<br>Tomato Sauce<br>Peppers & Onions<br>Spring Salad<br>Dressing<br>WG Breadstick<br>Grapes |
| 21   | 22  | 23   | 24  | 25   | 26   | 27  |
| Turkey Cheese Roll-Up<br>French Fries<br>Tossed Salad<br>Dressing<br>Fruit Cup   | Sloppy Joe on WG Bun<br>Potato Chips<br>Salad<br>Fresh Fruit  | WG Chicken Parmesan<br>Sandwich<br>WG Veggie Pasta Salad<br>Tossed Salad<br>Fruit Cup                | Vegetable Chili/Cheese<br>WG Tortilla Chips<br>Brown Rice<br>Tossed Salad<br>Dressing<br>Watermelon     | Closed in Observance<br>of Thanksgiving  | Closed in Observance<br>of Thanksgiving  | Chicken Soft Tacos<br>Lettuce & Tomato<br>Salsa<br>Refried Beans<br>Brown Rice<br>Spring Salad<br>Fruit Cup             |
| 28   | 29  | 30   |   |  |  |   |
| WG Chicken Nachos<br>Black Beans<br>Corn<br>Spanish Brown Rice<br>Lettuce & Tomato<br>Salsa<br>Spring Salad<br>Fruit Cup | Chicken Patty<br>WG Bun<br>Lettuce & Tomato<br>Carrot Sticks<br>Ranch Dressing<br>Corn<br>Spring Salad<br>Fruit Cup | WG Chicken Mac-N-<br>Cheese<br>Green Beans<br>Tossed Salad<br>Dressing<br>WG Breadstick<br>Fruit Cup |   |  |  |   |